



# PREPaRE Workshop 1

## Comprehensive School Safety Planning: Prevention Through Recovery (3rd Edition)

School Crisis  
Prevention and  
Intervention  
Training  
Curriculum



Participants will learn how to establish and sustain comprehensive school safety efforts that attend to both physical and psychological safety. The workshop addresses critical components needed to develop, exercise, and evaluate safety and crisis teams and plans and conduct building vulnerability assessments. The model also integrates school personnel and community provider roles in providing school-based crisis preparedness and response activities. Additional topics addressed also include media/social media, communication, reunification, students with special needs, culture, and memorials. After this workshop, participants will be better prepared to improve their school's climate, student resilience, and crisis response capabilities of school personnel. With updated research and strategies, this workshop makes a clear connection between ongoing crisis prevention, mitigation, protection, and response.

This workshop will help participants: 1. Identify the mission phases of crisis management; 2. Describe the critical importance of and components necessary for a balanced approach to comprehensive school safety and crisis preparedness; 3. Identify how to evaluate and implement physical and psychological safety efforts; 4. Identify the purpose, functions, and guiding principles of developing comprehensive safety and crisis teams and plans to include prevention, mitigation, protection, and response; 5. Identify the critical components, including when developing specific functional and threat- or hazard-specific protocols; 6. Identify the major functions of the Incident Command System (ICS); 7. Articulate specific strategies to address challenges associated with media/social media, communication, reunification, and memorials; 8. Describe how to meet diverse needs, including various cultures and students with disabilities; and identify strategies for examining the effectiveness of crisis prevention and preparedness.

The PREPaRE model, developed by the National Association of School Psychologists (NASP) specifically for the school context, emphasizes the following hierarchical and sequential set of activities: P - Prevent and prepare for psychological trauma; R - Reaffirm physical health and perceptions of security and safety; E - Evaluate psychological trauma risk; P - Provide interventions; a - and; R - Respond to psychological needs; E - Examine the effectiveness of crisis prevention and intervention. This model aligns with federal emergency management guidance and supports legal compliance regarding crisis preparedness.

This workshop is for a multi-disciplinary team of mental health and educational professionals working at all grade levels in your district, such as administrators, security professionals, counselors, teachers, nurses and other staff involved in school safety/crisis prevention/crisis preparedness efforts.

6.5 NASP Approved CPD are offered. Certificate of Attendance delivered electronically following completion of workshop requirements.

### **Instructors:**

Kandice Bienfang-Lee, MSW, LISW, Central Rivers AEA School Social Worker  
Molly Johansen, Ed.S., NCSP, School Psychologist

### **Virtual Workshop 1 (6.5 hours) Dates:**

February 22, 2021 • March 1, 2021

**Time:** 8:30 AM - 12:00 PM  
**Fee:** \$45

**Workshop 1 Course #200833**



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## PREPaRE Workshop 2

Mental Health Crisis Interventions - Responding to an Acute Traumatic Stressor in Schools (3rd Edition)

School Crisis  
Prevention and  
Intervention  
Training  
Curriculum



The third edition of this PREPaRE workshop develops the knowledge and skill required to provide immediate mental health crisis interventions to the students, staff, and school community members who have been simultaneously exposed to an acute traumatic stressor. The knowledge and skill developed within this session also help to build a bridge to the psychotherapeutic and trauma-informed mental health response sometimes required to address challenges associated with trauma exposure.

This workshop will help participants: 1. Report reduced anxiety and fear associated with the provision of school mental health crisis interventions; 2. Report increased knowledge and confidence associated with the provision of school mental health crisis interventions; 3. Identify variables that help to estimate the number of individuals traumatized by a crisis; 4. Recognize the difference between common crisis and mental illness; 5. Identify the elements of school crisis preparedness specified by the PREPaRE acronym; 6. Recognize risk factors that predict psychological trauma; 7. Identify the warning signs that indicate psychological trauma; 8. Place PREPaRE mental health crisis interventions on a multitiered continuum ranging from least to most restrictive; and 9. Match the degree of psychological trauma risk to the appropriate school crisis interventions.

The PREPaRE model, developed by the National Association of School Psychologists (NASP) specifically for the school context, emphasizes the following hierarchical and sequential set of activities: P - Prevent and prepare for psychological trauma; R - Reaffirm physical health and perceptions of security and safety; E - Evaluate psychological trauma risk; P - Provide interventions; a - and; R - Respond to psychological needs; E - Examine the effectiveness of crisis prevention and intervention. This model aligns with federal emergency management guidance and supports legal compliance regarding crisis preparedness.

This workshop is for a multi-disciplinary team of mental health and educational professionals working at all grade levels in your district, such as administrators, security professionals, counselors, teachers, nurses and other staff involved in school safety/crisis prevention/crisis preparedness efforts.

13 NASP Approved CPD are offered. Certificate of Attendance delivered electronically following completion of workshop requirements.

### **Instructors:**

Kandice Bienfang-Lee, MSW, LISW, Central Rivers AEA School Social Worker  
Molly Johansen, Ed.S., NCSP, School Psychologist

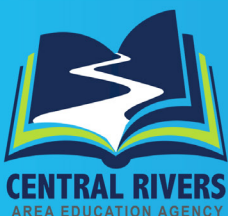
### **Virtual Workshop 2 (13 hours) Dates:**

March 22, 2021 • March 29, 2021 • April 7, 2021

**Time:** 8:30 AM - 12:30 PM

**Fee:** \$55

**Workshop 2 Course #200846**



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