

## Iowa Department of Education

Superintendent Notes

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# State Board of Education adopts new physical education, health standards for Iowa schools



Members of the State Board of Education today adopted new physical education and health standards for students in kindergarten through high school.

The board adopted, based on an Iowa team's [recommendations](#), statewide standards that will provide a foundation for Iowa school districts to implement high-quality health and physical education programs. The standards are optional for Iowa schools.

"Physical education and health are an integral part of a full education," said board president Brooke Axiotis. "Academic standards in these two disciplines strengthen instruction and help students build knowledge and skills to be healthy and active for life."

The Physical Education and Health Standards Review Team, comprised of Iowa health and physical education teachers, administrators, teacher leaders and community organizations, recommended that Iowa's standards come from the [Society of Health and Physical Educators \(SHAPE\) America](#) standards and the [National Health Education Standards](#).

"Physical education and health are an important part of academics," said Brian Rhoads, a West Des Moines physical education teacher, teacher leader and co-chair of the standards review team. "They relate positively to increased academic performance and affect the lifelong health and well-being of the whole child. This makes physical education and health essential for all."

In addition to input from team members, public input was sought through a series of public forums and an online survey.

The health and physical education standards indicate what a student should know and be able to do at each grade level.

"Quality instructional programs in physical education and health are essential for building skills, advancing knowledge and contributing to dispositions toward physical activity at all stages of life," the report states. "In addition, physical education and health programs provide the knowledge and skills to support the development of social-emotional learning."

Health and physical education will join other academic disciplines that already have both voluntary and required standards. Standards are required in science, social studies, English language arts, mathematics and 21st Century skills (employability skills; and civic, financial, health and technology literacy). Voluntary standards include fine arts and computer science.

For more information, visit the [Physical Education and Health Standards Review Team's webpage](#).

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THIS MONTH'S  
TOP UPDATES



# You won't want to miss the Future Ready Summit!

Registration is under way for the Governor's 2019 Future Ready Iowa Summit, to be held in Des Moines April 30. Keynote speaker is Iowan Peggy Whitson, a former astronaut.

The summit, titled STEM Education + Workplace Partnerships, is bringing together educators, students, business leaders, nonprofits, elected officials and others from across Iowa.

The day is dedicated to Iowa's future workforce in today's classrooms, and the ways that employers and educators are working together to assure a strong talent pipeline tomorrow. Featured will be keynotes, panelists and presenters from rural and urban, businesses large and small, big city and small-town schools, and more, who're partnering to guarantee a strong employee pipeline.

Governor Reynolds will also announce the six recipients of Iowa STEM's Computer Science is Elementary award during the event.

[Get more information and register for the event.](#)

**[READ MORE ON OUR WEBSITE -  
IOWA DEPARTMENT OF  
EDUCATION](#)**



## Register for June social studies institute

[Registration](#) is under way for the 2019 Best Practices in Social Studies Institute, which will be held in Johnston June 19-20.

The Best Practices in Social Studies Institute is designed to support Iowa teachers in implementing Iowa's new social studies standards. There will be two strands – elementary and secondary – to provide specific support around the inquiry and content expectations of the standards. Attendees will attend an all-day elementary or secondary workshop on one day of the institute and have the opportunity to attend breakout sessions on the other day of the institute.

The institute is at no cost to participants.

[Read more about the institute.](#)

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## High school girls: Sign up for the online cybersecurity challenge!



[Registration](#) is now open for [Girls Go CyberStart](#), a fun interactive series of digital challenges designed to introduce students to the field of cybersecurity. The competition is open to all female students in grades 9 through 12, regardless of their prior knowledge or experience with cybersecurity and information technology.

Students playing alone or in teams just need a computer and internet access to participate, advance and compete for prizes. Last year, Iowa had three Girls Go CyberStart teams place in the top three percent of 2,600 participating teams in 15 states. This year, at least 10 high school girls in Iowa will receive \$500 scholarships for college expenses. In addition, the three high schools in Iowa with the most participants will win awards of \$1,000, \$750 and \$500 respectively.

To be eligible to participate, students must:

Identify as female

Be at least 13 years old on Feb. 18

Be enrolled in 9-12th grades at a public or private high school (or the homeschool equivalent)

For more information, visit <https://www.girlsgocyberstart.org/>. To see the types of challenges the student will face in the games, please visit <https://go.joincyberstart.com/>.

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## Upcoming Programming on the Holocaust

There are several events coming up on the Holocaust.

### **Celina Karp Biniacz- Sunday, March 31st at 7 PM**

Celina Karp Biniacz will be sharing her story as a Holocaust survivor and Schindler Juden at Iowa State University on Sunday, March 31 at 7 pm in the Great Hall in the Memorial Union. That event is being co-sponsored by the Ames Jewish Congregation, Hillel at ISU, Chabad at Ames, the Ames Historical Society, and the Jewish Federation of Greater Des Moines. Celina will talk about her experiences in the ghetto and work camps, her encounter with the "Butcher of Auschwitz," Dr. Joseph Mengele, Schindler's factory, liberation, and immigration to Iowa. This event is free and open to the public. [Flyer](#)

### **Celina Karp Biniacz- Monday, April 1st at 7 PM**

Celina will be joined by her grandson Alex Biniacz-Harris and Abrose Soehn for Memories and Melodies of Auschwitz. This is the first time ever that Celina, Alex, and Ambrose are presenting together. Alex and Ambrose were asked by the Executive Director of the Shoah Foundation to compose a piece for the piano to be played at the 70th anniversary of the liberation of Auschwitz on January 27, 2015. They will play the composed piece on April 1st. This is only the 7th time the piece has been played publicly. Celina will talk about her experience returning to Auschwitz and the memories that experience brought back. She will also read some of the poems she wrote about that experience. The event is free and open to the public, but seating is limited, so you must register ahead of time at <https://www.jewishdesmoines.org/event/memories-melodies-auschwitz/>. [Flyer](#)

### **Architecture of Murder Exhibit at Grinnell College**

Auschwitz-Birkenau, which has come to symbolize the epitome of human evil and the destruction of European Jewry, is the content of this exhibition. This exhibition revolves around

blueprints, photographs and other forms of documentation of the extermination camp at Auschwitz-Birkenau. These documents offer powerful evidence about one of the greatest crimes against humanity- the genocide of the Jewish people, together with the torture and murder of many other innocent victims.

- Exhibit: April 1-30, 2019, Burning Gallery Grinnell College- [Flyer](#)
- Panel Discussion: April 3, 2019 4:00-5:00, Buckbaum 101 Grinnell College [Flyer](#)

### **Waging Rescue: Official U.S. Efforts to Save Jews During the Holocaust**

- April 8, 2019 7:00 PM Sabin Hall, University of Northern Iowa, [Flyer](#)
- April 9, 2019 7:30 PM Meredith 101, Drake University [Flyer](#)

### **Holocaust Remembrance Day Ceremony**

- Harold Kasimov, Child Holocaust Survivor
- April 23rd at 7:00 PM, Grout Museum of History & Science
- [Flyer](#)



Note: Clicking on the bill number in the table below takes you directly to the bill on the official state legislative website. Once there, select "Current Bill History" located on the left side of the page to know the current status of the bill. Bill information on the official state legislative website is updated daily.

**Last Updated: March 27, 2019**

Looking for a:

- [Senate File](#)
- [Senate Study Bill](#)
- [Senate Concurrent Resolution](#)
- [Senate Joint Resolution](#)
- [House File](#)
- [House Study Bill](#)
- [House Resolution](#)

**Prom: The Four “Ds” of Prom Protocol:  
Dates, Dress, Decorum, Drug (Testing)**



It's that time of year again to revisit the four "Ds" of Prom. I realize we revisit this every year but these are important so here we go AGAIN.

**Dates.** Iowa's civil rights law extends protection to students on the basis of sexual orientation and gender identity in the classroom as well as in all activities offered by a school, both public and nonpublic.<sup>[1]</sup> This includes prom (and all school dances). Therefore, same sex couples may attend prom as a couple if they are otherwise eligible to attend prom. However, a school may limit prom attendees to current students of the school or recent graduates of the school.

**Dress.** While a school cannot insist that students wear traditionally female or male attire (i.e., girls do not have to wear dresses and boys do not have to wear tuxedos), schools may lawfully have a dress code if enforced even-handedly. In other words, the usual regulations are acceptable. But a boy may wear a dress to prom if the dress would be acceptable on a girl, and a girl may wear acceptable "male" prom-wear.

**Decorum.** The key here is evenhandedness. Whatever reasonable rules of conduct and decorum a school has must be enforced evenly and consistently. If PDAs (public displays of affection) are not tolerated, then make sure that staff breaks up the kissing between straight couples as well as same sex couples.

**Drug testing.** Drug testing is regulated by the Iowa Student Search and Seizure Law, Iowa Code chapter 808A – see below. If a student shows up to prom and has obvious signs of being under the influence of either alcohol or drugs then school officials may breathalyze or drug test a student. Absent obvious signs and absent suspicion you cannot conduct random, suspicionless (without an articulable reason) drug testing as a condition of admission to prom. School officials that violate will not be protected in a lawsuit. Here is a link directly to [Iowa Code section 808A](#). If you have questions you may contact Nicole Proesch at [Nicole.Proesch@iowa.gov](mailto:Nicole.Proesch@iowa.gov) 515-281-8661 or your district's legal counsel.

<sup>[1]</sup> However, a bona fide religious school may impose "qualifications based on religion, sexual orientation, or gender identity when such qualifications are related to a bona fide religious purpose." Iowa Code § 216.9.

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## **DATES TO REMEMBER**

<p>Iowa FCCLA State Leadership Conference</p> <p><b>Airport Holiday Inn- Des Moines</b></p> <p><b>6111 Fleur Dr</b> <b>Des Moines, IA 50321</b></p>	<p><b>Date: Sunday, March 31, 2019 - 8:00am to Tuesday, April 2, 2019 - 5:00pm</b></p>
<p>Iowa Work-Based Learning Conference</p> <p><b>Airport Holiday Inn</b> <b>6111 Fleur Dr</b> <b>Des Moines, IA 50321</b></p>	<p><b>Tuesday, April 2, 2019 - 8:00am to Wednesday, April 3, 2019 - 5:00pm</b></p>
<p>Emergency Operations Planning Regional Tabletop Exercise Training - Ottumwa area</p>	<p><b>Tuesday, April 9, 2019 - 8:30am to 12:00pm</b></p>
<p>Statewide Literacy Leadership Team Meeting</p> <p><b>Grand View University, Student Center</b> <b>1200 Grandview Ave.</b> <b>Des Moines, IA 50316</b></p>	<p><b>Tuesday, April 9, 2019 - 9:30am to 3:30pm</b></p>
<p>Child Development Coordinating Council Meeting</p> <p><b>Grimes Building--B50 (Basement)</b></p>	<p><b>Wednesday, April 10, 2019 - 10:00am to 3:00pm</b></p>
<p>Emergency Operations Planning Regional Tabletop Exercise Training - Des Moines area - Heartland AEA (Adel office)</p>	<p><b>8:30 - 12:00.</b></p>



Mathematics Leadership	April 11, 2019 - 9:00am to 3:30pm
SEAP Meeting	Friday, April 12, 2019 - 9:00am to 3:00pm Event Location: Grimes Building--B100 (Basement)
Iowa FFA Leadership Conference  IOWA STATE UNIVERSITY	Sunday, April 14, 2019 - 8:00am to Tuesday, April 16, 2019 - 4:00pm
TPOT Reliability Training  DMACC Capitol Campus 1300 Des Moines Street Room TBD Des Moines, IA 50309	Tuesday, April 16, 2019 - 8:00am to Wednesday, April 17, 2019 - 4:30pm
Dyslexia Task Force Meeting	Tuesday, April 16, 2019 - 10:00am to 3:30pm
USDA Diverted Foods Food Show  Gateway Hotel and Conference Center 2100 Green Hills Dr Ames, IA 50014	Tuesday, April 16, 2019 - 12:00pm to 3:00pm
Significant Disabilities Advisory Team  Heartland AEA	Wednesday, April 17, 2019 - 9:00am to 3:00pm
ELPA21 Steering Committee  Grimes State Office Bldg 400 E. 14th Street Conference Room B50 Des Moines, IA 50319	Wednesday, April 17, 2019 - 9:00am to 3:00pm
Breastfeeding Support in Childcare Webinar - CACFP Centers and Family Day Care Home Providers	Thursday, April 18, 2019 - 1:00pm to 2:00pm
News to Know in School Nutrition - Indirect and	Monday, April 22, 2019 - 2:00pm to 3:00pm

<p><a href="#">Allowable Costs Webinar</a></p>	
<p><a href="#">Finance Roundtable</a></p> <p>Grimes Building 400 E. 14th St. Room B100 Des Moines, IA 50023</p>	<p><b>Wednesday, April 24, 2019 - 9:00am to 11:30am</b></p>
<p><a href="#">Statewide Assessment System Advisory Committee Meeting</a></p> <p>Grimes State Office Bldg 400 E. 14th Street Conference Room B100 Des Moines, IA 50319</p>	<p><b>Thursday, April 25, 2019 - 9:00am to 3:00pm</b></p>
<p><a href="#">Iowa Drug and Alcohol (IDATP) U.S. Department of Transportation Collector Training</a></p> <p>Iowa Department of Education 400 E 14th St Grimes State Office Building, ICN Room, 2nd Floor Des Moines, IA 50319</p>	<p><b>Thursday, April 25, 2019 - 9:00am</b></p>
<p><a href="#">CACFP Home Sponsor Basics - Pre-Conference Workshop</a></p> <p>Polk County ISU Extension Office 1625 Adventureland Dr. Altoona, IA 50009</p>	<p><b>Monday, April 29, 2019 - 10:00am to 4:00pm</b></p>
<p><a href="#">CACFP Home Sponsor Conference</a></p> <p>Polk County ISU Extension Office 1625 Adventureland Dr. Altoona, IA 50009</p>	<p><b>Tuesday, April 30, 2019 - 8:00am to 4:15pm</b></p>